

# ISU Grand Prix of Figure Skating Final 2019 - Ladies

## Planned Program Content - Checklist

As of : 04.12.2019 06:45

Rika KIHIRA JPN

SP/RD		Remarks
1	3A Triple Axel	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	3F+3T Triple Flip + Triple Toeloop	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	4S Quad Salchow	
2	3A+2T Triple Axel + Double Toeloop	
3	3F Triple Flip	
4	FCSp Fly. Camel Spin	
5	3A Triple Axel	
6	StSq Step Sequence	
7	3F+3T Triple Flip + Triple Toeloop	
8	2A+1Eu+3S Double Axel + Single Euler + Triple Salchow	
9	CCoSp Change Foot Combination Spin	
10	ChSq Choreo Sequence	
11	3Lo Triple Loop	
12	LSp Layback Spin	
13		
14		
15		
16		
17		

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## Planned Program Content - Checklist

As of : 04.12.2019 06:45

**Alena KOSTORNAIA RUS**

SP/RD		Remarks
1	3A Triple Axel	
2	3Lz Triple Lutz	
3	FCSp Fly. Camel Spin	
4	3F+3T Triple Flip + Triple Toeloop	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3A+2T Triple Axel + Double Toeloop	
2	3A Triple Axel	
3	2A Double Axel	
4	3Lo Triple Loop	
5	FCCoSp Fly. Change Foot Combination Spin	
6	StSq Step Sequence	
7	3F+3T Triple Flip + Triple Toeloop	
8	3F+1Eu+3S Triple Flip + Single Euler + Triple Salchow	
9	3Lz Triple Lutz	
10	CCoSp Change Foot Combination Spin	
11	ChSq Choreo Sequence	
12	LSp Layback Spin	
13		
14		
15		
16		
17		

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As of : 04.12.2019 06:45

Anna SHCHERBAKOVA RUS

SP/RD		Remarks
1	2A Double Axel	
2	3F Triple Flip	
3	FCSp Fly. Camel Spin	
4	3Lz+3Lo Triple Lutz + Triple Loop	
5	LSp Layback Spin	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	4Lz+3T Quad Lutz + Triple Toeloop	
2	4Lz Quad Lutz	
3	ChSq Choreo Sequence	
4	2A Double Axel	
5	2A Double Axel	
6	FCSp Fly. Camel Spin	
7	3Lz+3Lo Triple Lutz + Triple Loop	
8	3F+1Eu+3S Triple Flip + Single Euler + Triple Salchow	
9	3Lz Triple Lutz	
10	FCCoSp Fly. Change Foot Combination Spin	
11	StSq Step Sequence	
12	CCoSp Change Foot Combination Spin	
13		
14		
15		
16		
17		

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As of : 04.12.2019 06:45

Alexandra TRUSOVA RUS

SP/RD		Remarks
1	2A Double Axel	
2	3F Triple Flip	
3	CCoSp Change Foot Combination Spin	
4	3Lz+3Lo Triple Lutz + Triple Loop	
5	FCSp Fly. Camel Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	4S Quad Salchow	
2	4Lz Quad Lutz	
3	4T+3T Quad Toeloop + Triple Toeloop	
4	2A Double Axel	
5	CCoSp Change Foot Combination Spin	
6	ChSq Choreo Sequence	
7	4T+1Eu+3S Quad Toeloop + Single Euler + Triple Salchow	
8	3Lz+3Lo Triple Lutz + Triple Loop	
9	3Lz Triple Lutz	
10	FCSp Fly. Camel Spin	
11	StSq Step Sequence	
12	FCCoSp Fly. Change Foot Combination Spin	
13		
14		
15		
16		
17		

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As of : 04.12.2019 06:45

Alina ZAGITOVA RUS

SP/RD		Remarks
1	3Lz+3Lo Triple Lutz + Triple Loop	
2	2A Double Axel	
3	FCSp Fly. Camel Spin	
4	3F Triple Flip	
5	LSp Layback Spin	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3Lo Triple Lutz + Triple Loop	
2	2A+3T Double Axel + Triple Toeloop	
3	3S Triple Salchow	
4	2A Double Axel	
5	FCSp Fly. Camel Spin	
6	ChSq Choreo Sequence	
7	3Lz Triple Lutz	
8	3F+2T+2Lo Triple Flip + Double Toeloop + Double Loop	
9	3F Triple Flip	
10	CCoSp Change Foot Combination Spin	
11	StSq Step Sequence	
12	FCCoSp Fly. Change Foot Combination Spin	
13		
14		
15		
16		
17		

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As of : 04.12.2019 06:45

**Bradie TENNELL USA**

SP/RD		Remarks
1	3Lz+3T Triple Lutz + Triple Toeloop	
2	2A Double Axel	
3	LSp Layback Spin	
4	3F Triple Flip	
5	StSq Step Sequence	
6	FSSp Fly. Sit Spin	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz + Triple Toeloop	
2	2A Double Axel	
3	3S Triple Salchow	
4	2A Double Axel	
5	LSp Layback Spin	
6	StSq Step Sequence	
7	3Lz+3T Triple Lutz + Triple Toeloop	
8	3F+2T+2Lo Triple Flip + Double Toeloop + Double Loop	
9	3Lo Triple Loop	
10	ChSq Choreo Sequence	
11	FCCoSp Fly. Change Foot Combination Spin	
12	CCoSp Change Foot Combination Spin	
13		
14		
15		
16		
17		